

Wilderness 101 Coburn PA 2010

One more down for the Simrils and this one hurt. Two weeks ago Breckenridge 100 took me 4 hours longer than my 8:24 at Wilderness, but the 8:24 hurt twice as bad.

The Wilderness 101 course is like a roller coaster, with long slow gravel road climbs followed by fast rocky and technical descents. The course also has a supersizing amount of gravel road sections with pack riding. The course is in central PA in Amish country, so each morning I was awakened by the clip pity clap of horse and buggy.

The course for Wilderness was fast and the weather was really nice, so many people set their fastest times for the race. I was one of those people, but it was painful. I was hanging onto Brenda's wheel from about the 4 hour mark until I got dropped. I think I could have survived but then Brenda started catching people. I survived the storm when Brenda caught the 4th place female, but got dropped during her battle for 3rd.

When the racing was over Brenda and I completed our fastest 100 miler and I was humbled. Fortunately, I have a very short memory and am now getting excited for Fool's Gold 100 in N. GA on August 21st.